



Samba Workshop Team Activity



A specialist drumming workshop starting with a warm up of fun and energetic rhythm exercises, followed by some hip-hop beats using body-percussion. A brief explanation of the drums and a demonstration leads into a completely interactive percussion workshop. Everyone is given a drum and led into playing a full piece of Brazilian Samba music together! A superb team building activity to get everyone working together.

Samba is all-inclusive, it doesn't matter what age, race, religion, sex or mobility you have.

The overall feel is light-hearted and fast moving. It is a valuable introduction to music and rhythm and all will leave energized, confident and excited.

Session duration	1 hour
Group size	15 - 30 people
Additional information	Cost includes 2 workshop leaders and all instruments
Suitable for:	<ul style="list-style-type: none"> • Conference activity • Conference energiser • Team activity • Indoor team building
Cost excluding VAT	£800



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