



## SDI® Team Building Day

A corporate team building away day incorporating the Strength Deployment Inventory® (SDI®) with indoor and outdoor team exercises.

The Strength Deployment Inventory® helps people identify their personal strengths when everything is going well and when faced with conflict.

The SDI® inventory is 'not a test'; there are no right or wrong answers. It aims to provide ways to improve your relationship with others.

An SDI® accredited facilitator will lead your team through an enjoyable interactive day so you come away understanding what makes you and your team members "tick".

The day will include a mix theory, input, discussions and team exercises and team activities.

Time	Content
0900	Welcome and Introductions Setting the Scene, Objectives for the Day
0920	Exercise in groups to examine the nature of teamwork, motivation and recognition
0950	SDI® introduction and completion Participants complete the SDI® individually
1020	COFFEE BREAK
1030	SDI® Theory
1130	Team exercise/task - self and group awareness exercise to identify Motivational Value Systems and Value Related Styles
1215	LUNCH




[info@teambuildingderbyshire.co.uk](mailto:info@teambuildingderbyshire.co.uk)

phone 01629 690015

[www.teambuildingderbyshire.co.uk](http://www.teambuildingderbyshire.co.uk)



# team building derbyshire

1300	<b>Conflict Resolution</b> SDI® conflict triggers and styles <ul style="list-style-type: none"> <li>- Theory explained</li> <li>- Personal positions plotted</li> <li>- Implications for team working and/or team leadership</li> </ul>	
1400	<b>Conflict Resolution Strategies</b> <ul style="list-style-type: none"> <li>- Early warning signs</li> <li>- Conflict sequences</li> <li>- Most productive behaviours</li> <li>- Least productive behaviours</li> </ul> Group work on strategies for productive conflict resolution with each value system	
1440	<b>COFFEE BREAK</b>	
1500	<b>Outdoor Team Exercise – self and group awareness exercise</b>	
1615	<b>Review of the Day</b> Review Dynamic Triangle	
1645	<b>CLOSE</b>	

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<b>Group size</b>	<ul style="list-style-type: none"> <li>• Maximum of 16 delegates</li> </ul>
<b>Additional material</b>	<ul style="list-style-type: none"> <li>• Initial meeting with an SDI® accredited consultant to discuss your day, clarify your objectives and outcomes</li> <li>• Delegates will complete their strength deployment inventory test on the event</li> <li>• Indoor and outdoor team activities</li> </ul>
<b>Cost including all necessary materials and excluding VAT</b>	<ul style="list-style-type: none"> <li>• Up to 8 delegates with 1 facilitator - £1,428</li> <li>• 9 – 16 delegates with 2 facilitators - £2,405</li> </ul>

Call 01629 690015 now to discuss how using the SDI® in combination with indoor and outdoor team building activities can benefit your team and your business.

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